Talent Profile Checklist

Get everything below ready before you start, then build your profile in one sitting.

Photos (3 required, high quality)

- ■ Headshot: clear, well-lit photo of your face, plain background, shoulders up
- ■ Full-body photo 1: full length, standing, natural posture
- ■ Full-body photo 2: a second full-body shot, different outfit or setting is fine

Tip: recent photos, no heavy filters, no group shots.

Your details

- ■ Stage name (what you want to be booked as)
- ■ Email and phone number you actually check
- ■ City and country
- ■ Age group: 5 to 12, 13 to 17, or 18+
- ■ Your dance styles: Soca, Hip-Hop, Dancehall, Sensual, Afrobeat, Choreography, Dance Fitness, or More
- ■ Dance level: Absolute beginner, Beginner, Intermediate, or Advanced
- ■ Short bio: 3 to 6 sentences about who you are, your training, and your experience

Video and documents

- ■ Demo reel link: YouTube or Vimeo, public, no login needed to watch
- ■ Resume (PDF): training, performances, jobs, and credits
- ■ Social links you want shown (Instagram, TikTok, etc.)

Before you submit

- ■ Check every photo is sharp and well lit
- ■ Read your bio out loud, fix anything that sounds off
- ■ Test your reel link in a private browser window to be sure it plays
- ■ Submit, then watch your email: the XO team reviews every profile

You will get an email when your profile is approved, or if we need changes.

Good to know

You can complete your profile with what you have right now and update it over time.
Just remember: clients see whatever is on your profile at the time you submit,
so put your best foot forward from the start.

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